

HAU HAPPENINGS for MAY

HALL MEMORIAL LIBRARY, 93 Main Street, Ellington 860-870-3160



THE DO'S AND DON'TS OF RECYCLING

with Sam Sanders - Thursday, May 11 at 6:30 pm

Is that restaurant takeout container recyclable? How about the Amazon packaging? How can I get rid of my old sofa? What do I do if my recycling bin is damaged? Where can I get a rain barrel? Recycling & Refuse

Coordinator Sam Sanders will answer these questions and more as he demystifies recycling and discusses the services that our town offers. Please register for this informative talk.

COOKING WITH MARY-STRAWBERRY PARFAIT FROM SCRATCH

Tuesday, May 16 at 6:30 pm

Mary Lee-Brody is back to teach you to make all the elements of a Strawberry Yogurt Parfait from scratch. We'll be making the Greek yogurt, Strawberry Freezer Jam and Homemade Granola. Sample the parfait at the end of the class and take a bag of granola to enjoy at home. There is a \$10 per person non-refundable materials fee that must be paid within 7 days of your registration to hold your spot.



QI GONG with "Lucky" & Shar-Thursday, May 18 at 6:30 pm



This presentation will be a participation based activity. Experience a sample of an actual QiGong class. There are 3 components of Tai Chi: QiGong, Form and Pushing Hands. This presentation will enable the participant make an informed decision as to which Tai Chi component (QiGong or Form) would be a better choice to start their journey. You must pre-register for this program.

COFFEEHOUSE: PIERCE CAMPBELL & 60s SATISFACTION:

Psychedelic, Bubblegum & Motown Favorites - Friday, May 19, 7:00

Hear all the great 60's artists from The Beatles to The Turtles & more! The '60s were the pinnacle of great songwriting, musicianship and recording. Relive the era we all loved with Pierce & his band– they'll leave you more than satisfied. And don't forget to wear your tie-dye!



MEDICAL MARIJUANA with Uzma Zakir- Monday, May 22 at 6:30pm



Everything you need to know about what makes cannabis medicine! Uzma Zakir, Registered Pharmacist, has over seven years' experience in treating patients in the CT Medical Marijuana landscape and looks forward to sharing patient success stories, current research, and a review of current CT laws.

Please pre-register for this program.

Online registration at www.library.ellington-ct.gov or call 860-870-3160.

FILM: LIVING (PG-13, 102 min)-*Wed, May 10 at 1:00 and 6:30*- In 1950s London, a humorless bureaucrat decides to take time off work to experience life after receiving a grim diagnosis.

FILM: 80 FOR BRADY (PG-13, 198 min)- Wed, May 24 at 1:00 and 6:30

Lily Tomlin, Jane Fonda, Rita Moreno and Sally Field- need I say more?! The movie is inspired by the true story of 4 best friends and New England Patriots fans who take a life-changing trip to Super Bowl LI to see their hero Tom Brady play, and the chaos that ensues.